SUNDAY / DOMINGO

- 7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, California, (O,JT,VM) Closed Caption
- **8:30AM 1.5HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC)**
- 11:30AM 1.5HR Ravishing Renegades, Women Only, 325 Alabama Street Suite 5, Redlands, California, 92373 (O,W,LS) Women Only
- 1:00PM 5HR The Get Down Recovery, Zoom Meeting ID: 805 868 6069, Passcode: RecoveryCA, California, (O,VM)
- **7:00PM 1.5HR Broken Window**, ARK Church of the Nazarene, East side of rear parking lot Goodwin Hall ., 1307 East Citrus Avenue, Redlands, CA, 92374 **(O,D,CW)** *Child Friendly*
- **7:00PM 1HR Simply Sunday**, St. Alban Episcopal Church Potluck Last Sunday at 6pm, 12692 5th Street., Yucaipa, CA, 92399 **(O,D,WC,NS)** *Youth Room, Chips, Potluck last Sunday at 6pm*
- **7:30PM 1.5HR NA Mentone Bonfire**, 1340 Olivine Avenue, Mentone, CA, 92359 **(0,Sm,WC)** *Campfire Smoking Permitted*

MONDAY / LUNES

- 7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O)
- 7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, Redlands, California, (O,JT,VM) Closed Caption
- **8:30AM 1HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC)**
- 9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 87096210567 Password 987654, California, (O,D,VM) No court cards signed
- 1:00PM 5HR The Get Down Recovery, Zoom Meeting ID: 805 868 6069, Passcode: RecoveryCA, California, (O,VM)
- **6:30PM 1.5HR Anonymous Stag**, 325 Alabama Street Suite 5, Redlands, California, 92373 **(O,M,NC,NS)** *No cell phones. This meeting doesn't allow cell phones during the meeting.*
- **7:00PM 1.5HR Keep Coming Back and Stay**, Mental Health Systems, 1076 San Antonio Drive, Colton, California, 92324 **(O,B,D,Sm,CW)**
- 7:00PM 1HR Ladies Night Book Study, Yucaipa Church of God, 12477 13th Street, Yucaipa, CA, 92399 (O,W,BK,CW) Chips- 1 Hour Meeting - Women Only - No Break
- **7:30PM 1.5HR Monday Night Live**, Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 **(O,D,To,NS)** Speaker Meeting 2nd Monday of the Month

TUESDAY / MARTES

- **7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**
- 7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, California, (O,JT,VM) Closed Caption
- **8:30AM 1HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC)**

- 9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 87096210567 Password 987654, California, (O,D,VM) No court cards signed
- **6:00PM 1HR Tuesday Night Spot**, Empowered Living Community Church, 2347 North Sierra Way, San Bernardino, California, 92405 **(O)**
- **7:00PM 1.5HR Keep Coming Back**, Leader Share Only, 939 North D Street, San Bernardino, California, 92410 **(O,CS,BK)** Chips weekly, Children Welcomed, Birthdays Last Tuesday of the month.
- 7:00PM 1.5HR Old School Men's Stag Spiritual Principle a Day Meeting, Suite B, 5395 North F street, San Bernardino, California, 92407 (O,M,SPAD)
- **7:00PM 1.5HR The Zoo**, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 E Citrus Avenue, Redlands, California, 92374 **(O,D,WC,NS)**
- 7:00PM 1.5HR Together We Can, Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, California, 92376 (O,WC,LS) Literature Study
- **7:30PM 1.5HR TNT**, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399 **(O,D,WC,NS)** *Meeting is held inside Bring your own chair*

WEDNESDAY / MIÉRCOLES

- 7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O)
- 7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, California, (O,JT,VM) Closed Caption
- 8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC)
- 9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 87096210567 Password 987654, California, (O,D,VM) No court cards signed
- **N00N 1HR Never Alone**, Jubilee Church, 23978 Lake Drive, Crestline, California, 92325 **(0)**
- **NOON 1HR Women Recovering**, Inland Behavioral Health Services, 1963 North E Street, San Bernardino, California, 92405 **(O,W)**
- **7:00PM 1.5HR Experience, Strength and Hope**, Building is across from the round table pizza entrance, 27995 Highland Ave., Highland, CA, 92346 **(C,D,NC,WC,NS)** *No Children, must be 18 or over, go through metal detector and sign in 1st name & last initial at the entrance.*
- **7:00PM 1.5HR Mountain High Meeting**, Blue Jay Village Alano Club, Looking at Rite Aid it's to the far left of it., 27219 CA-189, Blue Jay, Ca, 92317 **(O,SPAD)**
- 7:00PM 1.5HR Women Do Recover, Women Only, 325 Alabama Street Suite #5, Redlands, California, 92373 (O,W)
- 7:30PM 1.5HR Does Anybody Care, Ark Church, 1307 E Citrus Avenue, Redlands, CA, 92374 (O,SP,WC) No Court Cards After Break
- 7:30PM 1.5HR Stick Topic Meeting, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,WC,NS)

THURSDAY / JUEVES

- **7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**
- 7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, California, (O,IT,VM) Closed Caption
- 8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC)
- 9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 87096210567 Password 987654, California, (O,D,VM) No court cards signed
- **6:00PM 1.5HR Let it Begin with Me**, Belong Church, front of church no children allowed, 324 West 40th Street, San Bernardino, CA, 92407 **(C,BT,D,NC,W,WC,BK,NS)** *Women Only No Children Allowed*
- **6:30PM 1.5HR Message of Hope**, Rialto Bible Fellowship, 101 North Olive Avenue, Rialto, California, 92376 **(O)**
- **7:00PM 1.5HR No Fronts**, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 East Citrus Avenue, Redlands, CA, 92374 **(O,D,To,WC,CW)**
- **7:30PM 1.5HR Clean & Serene**, Jerry L Pettis Memorial Veterans Hospital, Enter rear door by ER second floor room 2B-149, 11201 Benton Street, Loma Linda, California, 92357 **(O,D,WC,NS)**
- **7:30PM 1.5HR Couch Potato**, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399 **(O,To,NS)** *Meeting is held inside Bring your own chair*

FRIDAY / VIERNES

- **7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**
- 7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, California, (O,JT,VM) Closed Caption
- 8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC)
- 9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 87096210567 Password 987654, California, (O,D,VM) No court cards signed
- 1:00PM 5HR The Get Down Recovery, Zoom Meeting ID: 805 868 6069, Passcode: RecoveryCA, California, (O,VM)
- **7:00PM 1.5HR New Beginnings**, Inland Valley Recovery Services, 939 North D Street, San Bernardino, CA, 92410 **(O,D,WC,NS)** *Chips*
- **7:30PM 1.5HR Friday Night Book Study Meeting**, 27397 Baseline Street, Highland, California, 92346 **(O,BK)** *BRING YOUR OWN CHAIR. Park in church lot. Little white house on the corner of Bonita and Baseline. Chips last Friday of the month.*
- **7:30PM 1.5HR TGIF Thank God it's Friday**, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399 **(O,D,WC,NS)** *Meeting is held outside for the summer*

8:00PM 1.5HR It's An Inside Job, First United Methodist Church, 1 East Olive Avenue, Redlands, CA, 92373 (IW,SG,Tr,WC,BK) Cakes Last Friday of the Month - Smoking out by street in rear parking lot. Step/Tradition Study. Step Working Guides & It Works How and Why

9:00PM 1.5HR Friday Mando N.A., Belong Church BRING YOUR OWN CHAIR, In front of Church, 324 West 40th Street, San Bernardino, CA, 92407 **(O,JT,WC)** *BRING YOUR OWN CHAIR Chips*

SATURDAY / SÁBADO

- **7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**
- 7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, California, (O,JT,VM) Closed Caption
- 8:30AM 1.5HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) Chips
- 9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 87096210567 Password 987654, California, (O,D,VM) No court cards signed
- 1:00PM 5HR The Get Down Recovery, Zoom Meeting ID: 805 868 6069, Passcode: RecoveryCA, California, (O,VM)
- **6:00PM 1.5HR Last Call for Recovery**, IVRS, 939 North D Street, San Bernardino, California, 92410 (**0,5P,WC**)
- **7:00PM 1.5HR Hard Won Experience**, The Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 **(0,WC,NS)**
- 9:00PM 1.5HR Do It In The Dark, Mental Health Systems, 1076 San Antonio Drive, Colton, CA, 92324 (O,CL,D,WC) Candlelight Meeting
- 11:00PM 1.5HR Bermuda Triangle, Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, CA, 92376 (O,D,Sm,To,WC)

MEETING FORMAT LEGEND			
В	Beginners	BK	Book Study
BT	Basic Text	С	Closed
CL	Candlelight	CS	Children under Supervision
CW	Children Welcome	D	Discussion
IW	It Works -How and Why	JT	Just for Today
LS	Literature Study	М	Men
NC	No Children	NS	No Smoking
0	Open	SG	Step Working Guide
SP	Speaker	SPAD	A Spiritual Principle a Day
Sm	Smoking Permitted	То	Topic
Tr	Tradition	VM	VirtualMeeting
W	Women	WC	Wheelchair

SERVICE MEETINGS

Area Service Committee meeting is held on the 4th Monday of each month at 700 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

H & I Meeting is held on the 4th Monday of each month at 6:00 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

Activities Meeting is held on the 3rd Thursday of each month at 7:30 pm at 1307 E Citrus Ave. Redlands, Ca 92374

Public Relations Will announced at area prior to the next meeting.

Outreach Meeting is held on the 3rd Wednesday of each month at 6:30 pm at Uncle Howies Pizza 800 E. Lugonia Suite A Redlands, Ca 92374

PHONE NUMBERS
PHONE NUMBERS
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What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

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For the latest meeting info
Scan the QR Code to Visit the
Current IEFA Website
BMLT Meeting List.

Save the page to your phone home screen.



Visit your phone's App store for QR reader App.





INLAND EMPIRE FOOTHILLS AREA

MEETING LIST June 2024 24 HOUR HELPLINE

(909) 795-0464 www.iefoothillsna.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 65